LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
16th August	Roseland Trail Run 32M XC	Mike Whitley	5hrs 43mins		10th	1st M50/+
		Sarah Pridham	7hrs 16mins			
	Roseland Trail Run 20M XC	Emma Wild	5hrs 31 mins			
	Roseland Trail Run 11M XC	Mike Gilbert	2hrs 17 mins			
		Richard Japes	2hrs 29 mins			
		Dawn Hadfield	3hrs 5 mins			
	A stroming run by Mike again					