

LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
11th January	January Jaunt Plympton 10K	Vanessa Hemmett	59.38	63.47	239th	
					329	Finishers
17th January	Exeter Riverside Park Run 5K	Dave McMorrow	23.09		43rd	
		Christopher Pritchard	24.31		56th	
		Alan Littlejohns	25.32		74th	
		Jane Pritchard	29.11		112th	
					154	Finishers
17th January	Tamar Lakes Park Run 5K	Jessica Goldberg	25.18		15th	
		Chloe Williams	26.14		19th	
		Mick Foster	34.2		31st	
		Patsy Foster	39.36		46th	
					57	Finishers
JESSICA was	Second Lady and set a new age group Course	Record				
Patsy ran around	with her daughter					
18th January	Exeter First Chance 10K (Foster's Fives)	Russell Leeton	46.1	73.33	119th	
		Dave McMorrow	48.55	65.79	169th	
		Adrian Brown	57.46	55.71	349th	
		Nicola Emmett	59.02	64.12	367th	
					509	Finishers

