LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
29th November	Tamar Lakes Park Run 5K	Mark Jones	22.22		5th	
		Patsy Foster	35.35		22nd	
					32	Finishers
30th November	Bicton Blister 10M MT	Mike Whitley	1.16.52		66th	
					442	Finishers