

**LRR RACE RESULTS**

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
18 <sup>th</sup> November	Tamar Lakes Parkrun	Gill Aze-Thomas	29:31			
		Alan Littlejohns	29:33			
	Birkenhead Parkrun	Martin Venning	28:13			
		Ann Venning	42:23			
19 <sup>th</sup> November	Cornish Marathon	Steve Cox	3:42:19			
		Jason Jeffery	3:48:55			
		Jenny Mills	4:00:27			1st F65
		Nick Harrison	4:01:45			
		Jason Shipton	4:23:41			
		Julie Barriball	4:23:42			
		Peter McAughey	4:27:39			
		Rebecca Wise	4:34:13			
		Darren Evans	4:34:14			
		Wayne Rundle	4:45:50			
		James McDiarmid	5:00:14			
		Adrian Brown	5:22:02			
John Barnes	5:32:19					