LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
27th June	Boconnoc 5 Mile Multi terrain series	Darren Evans	32:16		9th	2nd MV35
		Louisa Shaw	44:12			3rd FV35
		Linda Pickard	47:33			
		Dave Pickard	49:08			
		Phillipa Baker	54:05			
1st July	Tamar Lakes Parkrun	Nicola Emmett	27:40			
		Alan Littlejohns	28:47			
		Gill Aze-Thomas	36:30			
		Sarah Barnes	38:47			
1st July	Tamar Trails Parkrun	Adrian Brown	31:05			
1st July	The Smugglers Scuttler 13.5miles	Tim Robinson	1:54:55		1st overall	
		Russell Leeton	2:43:08			
		Jo Northey	3:04:06			
		Matt Wise	3:04:07			
		Becky Wise	3:04:08			
2nd July	Bude Beast 18 miles LDWA event	Alan Littlejohns	5:05:00			