LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
24th August	Godolphin 10K	Jo Northey	1:02:22			
		Sharon Rundle	1:05:12			
26th August	Tamar Lakes Parkrun	Amanda Chapman	30:56			
		Alan Littlejohns	31:01			
26th August	Tamar Trails Parkrun	Peter McAughey	24:53			
27th August	401 Festival 5k	Adrian Brown	27:46			
	10k	Adrian Brown	55:37			
	½ marathon	Adrian Brown	2:27:35			