LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
30th September	Tamar Trails Parkrun	Johanna Barrow	25:05			
		Julie Barriball	26:42			
		Chris Norris	28:00			
		Adrian Brown	28:10			
		Veryan Skinner	36:46			
		Steve Cox	47:29			
30th September	Tamar Lakes Parkrun	Nicola Emmett	28:49			
1st October	Cardiff Half Marathon	Mariesha Lowther	1:52:06	76.82		
30th September	Hope 12	Jess Goldberg &	42 miles together			
		Russell Leeton				