LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
7th October	Atlantic Coast Challenge 26 miles	Jo Northey	6:17:26			
	Extremely tough conditions wet and windy	Becky Wise	6:17:26			
7th October	Tamar Lakes Parkrun	Alan Littlsjohns	29:21			
		Gill Aze-Thomas	30:14			
7th October	Tamar Trails Parkrun	Russell Leeton	23:30			
		Adrian Brown	35:00			
		Steve Cox	50:00			
8th October	Plymouth 10k	Edward Horn	36:50	87.37	15th overall	
		Kevin Marshall	40:01	93.35		2nd M50
		Ben Jarram	44:18	72.64		
		Trevor Gynn	44:34	84.79		
		Adrian Brown	49:27	65.72		
		Julie Barriball	51:34	84.25		
		Sarah Swift	52:22	72.27		
		Chris Norris	52:29	63.84		
		Michael Pyke	56:23	60.04		
		Penny Mcmillan	57:14	75.91		
		Lavinia Marshall	58:24	86.14		5th F60
		Lorraine Hawkins	1:05:38	65.45		
		Veryan Skinner	1:08:27	57.58		
8th October	Herts 10k	Jason Jeffery	47:31	74.34		
8th October	Chicago Marathon	Clive Mitchell	5:58:16	54.76		
	Clive pulled calf at mile 6 but persevered					