LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
9th December	Tamar Lakes Parkrun	Edward Horn	18:02		1st Overall	
		Shane Carroll	24:09			
		Matt Haisman	27:41			
		Kayleigh Stringer	27:59			
		Alan Littlejohns	28:48			
		Martin Venning	29:08			
		Liz Davy	31:52			
		Demelza Hyde	32:46			
		Natalie Hyde	32:47			
		Maria Haisman	33:20			
		Mandy Baker	33:21			
		Jenna Branch	35:36			
		Shelley Carroll	37:28			
		Veronica Retallack	39:00			
		Lauren Jones	39:49			
		Charlotte Brannan	41:49			
		Lavinia Marshall	41:50			
		Gill Aze Thomas	43:08			
		Ann Venning	43:51			
9th December	Tamar Trails Parkrun	Russell Leeton	32:30			
9th December	Fordh Sen Mighal 11.3 mile coast to coast	Jo Northey	2:31:31			
		Peter McAughey	2:31:31			
		Julie Towers	2:31:31			
9th December	Race the Light 8.5 miles	Rebecca Wise	1:45:03			
		Mary Roberts	1:45:03			