LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
9th September	Tamar Lakes Parkrun	Alan Littlejohns	27:25			
9th September	Lanhydrock Parkrun	John Barnes	30:35			
		Adrian Brown	35:01			
9th September	Folkeston Parkrun	Peter Mander	32:17			
10th September	Bude Pirate Run 8ish Miles	Darren Evans	1:00:54		4th/105	3rd Male overall
		Jenny Mills	1:14:15		39/105	1st F60
		Peter McAughey	1:19:03		54/105	
		Nicola Emmett	1:38:47		90/105	
10th September	Lake Vyrnwy Half Marathon	Tim Robinson	1:15:17	94.31	18/1386	13 of 287 in age
10th September	Great North Run Half Marathon	Lorraine Hawkins	2:29:34	62.75		
10th September	Wirral 10k	Martin Venning	57:50	76.98		
3rd September	THNN city to coast Marathon	Alan Littlejohns	6:12:59	59.36		
27th August	401 running festival half marathon	Alan Littlejohns	2:03:13			