LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
4th March	Tamar lakes Park run	Adam Paynter	22:53			
		Chris Pritchard	24:11			
		Peter McAughey	24:48			
		Jane Pritchard	29:15			
		Kevin O Mahoney	33:59			
4th March	Tamar Trails Parkrun	Adrian Brown	33:08			
4th March	Penrose Parkrun	Julie Towers	22:24			
5th March	Bideford Half Marathon	Tim Robinson	1:17:53	90.321		11th Overall
		Edward Horn	1:24:55	82.786		
		JasonShipton	1:41:03	74.747		
		Russell Leeton	1:44:13	72.475		
		Sarah Worth	1:49:47	76.089		
		Louise Werran	1:53:10	73.813		
		Alan Littlejohns	1:55:18	86.73		
		Jessica Goldberg	1:57:21	70.472		3rd U20
		Ann Barriball	1:56:33	74.657		
		Janet Lathom	2:10:18	81.149		
		Nicola Emmett	2:18:05	61.105		
		Matt Haisman	2:22:28	55.373		
		John Mason	2:29:26	53.385		
5th March	Imber Ultra 33miles	Jenny Mills	6:18:22			1st in Age group