LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
7th January	Tamar Lakes Parkrun	Julie Towers	23:59		2nd F	
		Alan Littlejohns	26:01		100 club	
		Rebecca Rowledge	40:58		1st Timer	
7th January	Tamar Trails Parkrun	Claire Waters	21:07	NEW PB	1st F	
		Adrian Brown	34:21			
8th January	Stoke St. Gregory 10k	Jenny Mills	44:38			
8th January	Exeter First Chance 10k	Ed Horn	35:41			
		Kevin Marshall	39:58		3rd Age Cat	50-54
		Mark Knight	40:07			
		Dee Kirwan	42:39			
		Becky wise	50:30			
		Chris Norris	50:30			
		Adrian Brown	51:58			
		Lavinia Marshall	56:40			
		Amanda Chapman	58:11			