LRR RACE RESULTS

DATE	RACE NAME	RUNNER	TIME	POINTS	RACE POSITION	CATEGORY & POSITION
17th June	Tamar Lakes Parkrun	Paul Moore	21:14		4th	
		Maggie Dickinson	31:35			
		Gill Aze-Thomas	34:36			
		Sarah Sampson	35:55			
		Mandy Downing	41:19			
17th June	Tamar Trails Parkrun	Claire Waters	24:28			3rd Female
17th June	Race the Wall 69mile ultra	Adrian Brown	19:20:56			
17th June	Tsunami Marathon in Bude	Alan Littlejohns	7:56:59			1st MV70
18th June	Exeter womens 10k	Philippa Baker	1:03:42	75.97		
		Natalie Shute	1:11:34	52.88		
		Sarah Barnes	1:36:55	42.87		
18th June	Shrewsbury Half Marathon	Tim Robinson	1:20:50	86.96	12th overall	